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Learning Objective

To provide you with an understanding of DiSC communication styles and how they impact interpersonal interactions in the workplace

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Slide 4	Understanding Non-Verbal Communication 7% - Words 38% - Tone 55% - Body Language	
Slide 5	THE PLATINUM RULE OF COMMUNICATION Communicate with others as they would like you to.	
Slide 6	Benefits of Knowing Yourself and Your Audience Four distinct behavior styles will help you better understand your communication style and those of others around you By understanding, you will: - Avoid miscommunication - Build trust, and - Communicate more effectively	

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Dominance Style Seeks control Likes action; decisiveness Prefers maximum freedom to manage self and others Cool, independent and competitive Has low tolerance for advice, feelings, attitudes of others

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Steadiness Style • Supportive of others • Good "active" listener • Likes to be part of a group • Has good counseling skills • Works and makes decisions slowly • Likes close, personal relationships

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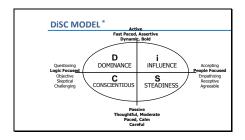


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Activity: Communication Styles With your group, write on the chart: - Likes - How you like to communicate and be communicated with - Frustrations - What frustrates you when others are communicating with you

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"COMMUNICATION IS IN THE MIND OF THE RECIPIENT. YOU'RE JUST MAKING NOISE IF THE OTHER PERSON DOESN'T HEAR YOU."

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